



BIKER DOWN!

WOULD YOU KNOW WHAT TO DO?

Whether you ride with a group of friends or on your own, there may be a time when you are the first person at the scene of a fallen biker. Injured motorcyclists need to be dealt with in a specific manner as it can be easy to cause them further injury, particularly by removing a crash helmet unnecessarily or incorrectly.

Bucks Fire & Rescue Service are pleased to offer the FREE 'Biker Down!' course to bikers and bike clubs in the Bucks, Milton Keynes and surrounding areas.

The course, which lasts 2.5 – 3 hours, is in 3 parts;-

Part 1 teaches you how to manage the scene of a bike crash, using the same principles as the Fire Service use. We will show you how to protect yourself and others, how to prioritise your actions, how to collect information for the emergency services and make use of the resources you have available to you, including other people.

Part 2 will show you the ways of taking care of a casualty, including basic life support and the why, when and how of crash helmet removal.

Part 3 is called 'See and Be Seen' and is a look at what may work (or not work) when it comes to making yourself more visible to other road users. You will also learn about how people look for and recognise objects and how you can help to make sure that other road users see you.

For more details, to find out when and where the next courses are, or to book a place, please contact –

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Or see our Facebook page – 'Biker Down Bucks & Milton Keynes'